December 12, 2022

Dear Colleagues,

The Transgender Youth Program (TYP) and the Adolescent Medicine Eating Disorder Consult Clinic (EDCC) within the Division of Adolescent Medicine at the University of Vermont Children’s Hospital are currently facing high demand and a long waitlist for services in both clinics. We are actively partnering with UVMCH and UVMMC leadership to hire additional multidisciplinary team members and improve our clinical space in order to increase access to care as soon as possible.

Unfortunately at this time we need to suspend acceptance of new patient referrals to both of these programs for a period of six months until July 2023. We remain concerned that if young people and families wait to see us at a much later date than they hoped for, important care may be delayed. We have created some lists of other regional programs and resources where families can access care and support until the TYP and the EDCC reopen to referrals again.

For information on other care resources for young people struggling with disordered eating please call our EDCC social worker Amy Kiviranna at 802-847-4696, or see our VCHIP resource page on eating disorders:

* Hyperlink: [Adolescent Youth | Health Improvement Initiative (YHII) | College of Medicine | University of Vermont (uvm.edu)](http://med.uvm.edu/vchip/projects/adolescent_health_youth_health_improvement_initiative_%28yhii%29_vt_rays/resources_for_healthcare_providers/eating_disorders)
* Web address: [http://med.uvm.edu/vchip/projects/adolescent\_health\_youth\_health\_improvement\_initiative\_(yhii)\_vt\_rays/resources\_for\_healthcare\_providers/eating\_disorders](http://med.uvm.edu/vchip/projects/adolescent_health_youth_health_improvement_initiative_%28yhii%29_vt_rays/resources_for_healthcare_providers/eating_disorders)

For information about other clinics that are providing transgender youth care in our region (VT, NH, NY) please call TYP social worker Joshua Shamoon at 802-847-4696. We also have links to other valuable resources at our UVMCH TYP website:

* Hyperlink: [Transgender Resources (uvmhealth.org)](https://www.uvmhealth.org/childrens-hospital/pediatric-specialties/transgender-youth-program/transgender-resources)
* Web address: <https://www.uvmhealth.org/childrens-hospital/pediatric-specialties/transgender-youth-program/transgender-resources>

Both our TYP and EDCC multidisciplinary teams remain available for phone consultation questions from primary care providers while our referrals are paused. We look forward to notifying you when we can reopen to referrals with improved staffing and space; we will do our best to keep everyone informed about the growth of our programs.

In the meantime, the Adolescent Medicine Sexual and Reproductive Health Clinic remains open for new patient visit referrals at this time. Please continue to send referrals electronically or fax to 802-847-4612.

Thank you for your understanding,

The Transgender Youth Program and Eating Disorder Consult Clinic care teams

Erica J. Gibson MD - Division Chief, Adolescent Medicine